

How to make a Carton Planter



What you will need:

- ✓ Empty drinks (tetra-pak) carton.
- ✓ Peat free compost.
- ✓ Cress seeds.
- ✓ Spring onion tips with roots on
- ✓ Scissors and an adult helper
- ✓ Marker pen or pencil.
- ✓ Watering can



Up-cycle your used drinks cartons!

An East or West facing windowsill would be ideal for growing on, not too hot and not too cold; open the window through the day and always water in the mornings for a successful harvest. Remember to wash your hands after this activity.

- 1. Make your planter** - mark and cut out the top of the carton. (Adult helper)

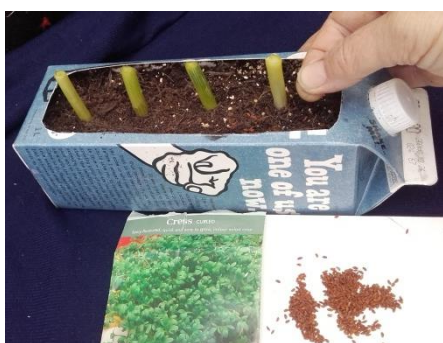


- 2. Fill the carton** with Peat free compost.

- 3. Planting** - Trim the spring onions and then strike them into the soil, 2cm deep, 3cm apart.



- 4. Sow** cress seeds on the soil around the onions.



- 5. Label and Water**



- 6: Position your carton gardens** on the window sill and enjoy watching them grow before you eat them up! Make more – here there's a lettuce and radish one too.

